GOSPORT HALF MARATHON

SUNDAY 15th NOVEMBER 2026 @ 10am

FINAL RACE INSTRUCTIONS

Welcome to the Gosport Half Marathon, brought to you by Gosport Road Runners and a venue for the Hampshire Road Race League.

Our last race was held in good conditions, and we are hoping for the same this year.

It is a club policy that no Gosport Road Runner participates in the race. This maximises the manpower numbers available to cover the many tasks on the day. Our team of over 200 volunteers have worked hard to put on this event.

Gosport Road Runners would like to thank Alexandra Sports, Solent Sports Injury Clinic, Develotec, HJ Construction Ltd, Gosport Hospital Radio, Bodiworks and VLounge for their support in making this event possible.

Your views are very important for making continuous improvement. You can leave reviews on our Facebook and Racecheck sites which will be read by other runners and our club membership.

All administrative race enquiries should be sent to info@gosporthalf.org

RACE HEADQUARTERS

King's Academy Bay House Sports Centre, Browndown Road, Gosport, Hampshire, PO12 2QX.
Google Maps
What 3 Words – sailing.minivans.monopoly

This is a no-smoking site. Dogs are not allowed anywhere within the grounds of the Sports Centre.

Toilets – Thirty Portaloos will be situated just outside Race Headquarters. Please use these and not the toilets inside the Sports Centre as these toilets cannot cope

with the volume of usage before the main event. The inside toilets should only be used by disabled persons and children participating in the young people's event.

Facilities Inside the Sports Hall:
Changing Rooms/Refreshments/Supervised bag storage/ Retail sports stall and Sports Massage (Pre and post-race massage).

There will be a refreshments stall in the main assembly hall and mobile food/drink vans located just outside the Sports Centre.

RACE NUMBER COLLECTION

Numbers must be collected on either Saturday 14th November or on Sunday 15th November. The collection venue will be Race HQ.
Google Maps
(What 3 Words – sailing.minivans.monopoly).

Saturday Number Collection will be open from 10am – 3pm.

There are no car park facilities at the Sports Centre, however, you may use the King's Academy Bay House School car park (300 yards distance from the Sports Centre) in Gomer Road (What 3 Words: rice.voted.mash). There is also ample car parking in Stokes Bay car parks which is a short walk to Race HQ.

Sunday Number Collection will be open from 7.30am to 9.45am.

To avoid unnecessary stress on yourselves and the race staff on the day of the race, it is recommended that you try and collect your race number on the Saturday.

RACE DAY

The race will start promptly at 10am, so please ensure you arrive early to give yourself time to complete your administration and be mentally prepared for the race.

Ensure that your number/chip is worn on the front and is not folded, obscured, cut or mutilated. It is recommended not to cover your number with an arm when crossing the timing mats (such as when starting your watch) and not to pin the number to the leg of your shorts.

Please complete the medical/emergency contact information on the reverse of your number.

CAR PARKING

Important Parking Information – A change from last year.

Due to unforeseen circumstances, off-road parking availability is significantly reduced this year. Participants are encouraged to car share wherever possible.
We recommend using the **Stokes Bay Road area**, where five public car parks provide more than **500 parking spaces**. This link shows the Stokes Bay Car Parks.
In addition, approximately **100 spaces** are available at the southern end of **Grange Road**, near the entrance to **Alver Valley**. All of these locations are within one mile of Race HQ.
Please allow extra time on race day, as payment is required at all public car parks and ticket machines are expected to be busy. Payment charges apply between 8am and 7pm. Payment method is Coin/Card and MiPermit App.
The only dedicated off-road parking available is at the southern end of **Military Road**, which provides approximately **120 spaces**. These spaces are expected to fill very quickly.
There is no parking at Bay House School or at the Sports Hall.

Location	What3Words	Approx Distance to Race HQ
Alver Valley East Car Park Entrance Location Code 708533	///cages.tame.turned	1.0 mile
Military Road Car Park (off-road,120 spaces) (Turn left on exit)	///music.visa.lines	0.75 miles
Stokes Bay – No 2 Battery East Car Park Location Code 708519	///actors.craftsman.rules	0.1 miles

Stokes Bay – No 2 Battery West Car Park Location Code 708521	///writings.decisions.seaweed	0.15 miles
Stokes Bay - Alverbank West Car Park Location Code 708503	///expose.tigers.gravy	0.25 miles
Stokes Bay - Alverbank East Car Park Location Code 708501	///motel.fortunate.book	0.5 miles
Stokes Bay Pebble Beach Car Park Location Code 708525	///humans.frozen.appear	0.75 miles

Please plan your journey accordingly and allow sufficient time to park and walk to Race HQ before the start of the event.

Car parking in the Sports Centre, Browndown Road or Gomer Lane is not permitted.
There is also plenty of spectator parking along the seafront at Lee-on-the-Solent.

ROAD CLOSURES

Will be phased as follows:
Browndown Road – Closed to through traffic 08.30 – 14.00.
Salterns Road 10. 00 – 12.45
Privett Road – From Grange Road roundabout to Browndown Road, the road will be closed to westbound traffic (Eastbound remains open) 09.50 – 12.30.

THE RACE ROUTE/SPECTATOR VIEWING SPOTS

You can view the route Here
The course is led by a team of cyclists.
Spectator Spots:

- Start/Finish (Browndown Road) – with music from Gosport Hospital Radio, toilets & refreshments nearby.
- Hovercraft Museum, Marine Parade West, PO13 9NS.

- Monks Hill car park, Salterns Road, PO13 9NJ – toilets & 'The Shack' refreshments cabin and 'Big Noise' Samba Band.
- No parking at Monks Hill during the race.

Headphones/Earphones

Under UKA rule 240 S5 the wearing of headphones, or similar devices, (other than those medically prescribed), is not permitted in races on any single-carriageway road that is not wholly closed to traffic. Some sections on the Gosport Half course do have traffic coming in the opposite direction to runners and are therefore not wholly closed.

- **For the Gosport Half Marathon Bone conducting headphones are permitted so long as the wearer can hear traffic and marshal directions.** Please do not risk our ability to get a future license for this event by ignoring this rule.
- Runners seen to be wearing headphones **other than** bone-conducting headphones will be disqualified by the Event Organisers

Number Swaps

Last date for number transfers will be Friday 13th November at 1800.

To transfer your number:

Click the link in your confirmation email or sign into your account.
If transfers are allowed, select **Transfer to Someone Else**.
Enter recipient details and confirm the transfer.
Manage or cancel transfer via **Manage Transfer**.

*Affiliated runners can only transfer to another affiliated runner.

Please do not give your number to another runner. Unauthorised number swops may result in disqualification.

You are also reminded that under our Terms and Conditions there are no race deferrals, no refunds, no exceptions.

START AND FINISH

The Start/Finish is on Browndown Road, approx. 140m from Race HQ.

Please respect our neighbours, do not use the garden and woodland areas near the race HQ as toilets, there is plenty at Race HQ.

The race is led off by the Mayor.

CHILDREN'S FUN RUN AND YOUNG PERSON'S CHALLENGE RACE

- Mass Warm Up – 8.45am
- Under 12's (1k) Fun Run – 9am
- Under 17 (2k) Challenge Race – 9.15am

These events will remain open to online entry up to 1200 on Friday 13th November. There may be minimal entries on the day if there are still places available. @ £3.00 per entry.

Further information and registration details can be found on the race website HERE under Race Information.

AWARDS AND PRIZES

MEDALS AND PRESENTATION OF AWARDS

Every finisher will receive a medal and a 'Goodie Bag'.

The presentation of individual awards will be made as near as possible to 12.30 pm in the main hall of the Sports Centre.

Prize Categories can be viewed on the Half Marathon website
HERE

If you need to leave early, please arrange for someone to collect your prize.

Team prizes will be sent out later once the results have been verified.

The Gosport Half Marathon is a member of the Hampshire Road Race League and runners from those clubs in this league should be aware of sub para 3 of the Competition Rules which state:

> 'Athletes must wear their club colours during the HRRL races. Runners found to be in non-compliance risk the exclusion of their results from the HRRL team & individual results for that race.'

RACE RESULTS

Race Results when available can be found at the link:- **Event Chip Timing** and when confirmed on our website. There is also a QR code for results on the back of your running bib.

Individual club and age category results can be viewed on the Event Chip Timing results page by clicking 'Teams' and 'Results' at the top of the Results page.

RETIREMENTS

If you become injured or unwell during the race, please wait safely at the roadside for assistance. If your able and safe, finding the nearest marshal is the best way to get help quickly. First aid cover will be provided by the Emergency Medical Team and is available on the course.

RACE PHOTOGRAPHER

RaceImages will be providing the official photography for the Gosport Half Marathon. Photographers will be positioned around the course and at the finish, so please look out for them.

The searchable gallery will normally be available within three hours of the final runner finishing. Photographs can be located using race-number recognition or AI-powered face recognition.

Visit **https://photos.RaceImages.co.uk** to find your photographs. All purchased images are supplied as high-resolution downloads suitable for printing up to A3.

ROUTE INTO ART

This year we have we have teamed up with Route Into Art, who offer all Gosport Half Marathon runners a personalised print of the course, with your name and finish time. Further details on how to obtain your print will be published on our website on completion of the race.

STAYING OVERNIGHT

Some accommodation in Gosport is listed here. The Alverbank Hotel is a five-minute walk from the start. https://alverbank.co.uk

SUSTAINABILITY

In conjunction with the Hampshire Road Race League sustainability programme, we are striving for continuous improvement in providing a greener event.

The 200ml plastic bottles used at the water stations are 100% recyclable eco bottles provided by 'Avant Natural Mineral Water'
https://avantwater.co.uk/sustainability/

The empty bottles are placed in recycling bins and removed by a contractor to a recycling centre.

There will be a recycling point at Race HQ to collect old medals, sportswear and trainers to recycle. Trail Trainers and Hiking boots go to a charity who make it possible for disadvantaged children to get out into the countryside and hike. As much as possible is re-used and the rest broken down and recycled.

Please try to car share.

TERMS AND CONDITIONS

Please refer to our Terms and Conditions section for further information.

Please note that we run a 'No Refund' and 'No Deferral' policy.

We consider organising this race as a way of thanking other clubs for hosting events for us throughout the rest of the year. Surplus profits from this event enable Gosport Road Runners to support local good causes. Last year we raised just over £20,000 for these causes, one of which was to support a project for

the installation of defibrillators in Gosport and Fareham after a defibrillator was used to save the life of one of our members on a club night.

We hope your final preparations go well and you enjoy the run at our seaside location.

Dave Little
Race Director
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